

## THE WHITE HOUSE

### Ebola: What you need to know

At a time when Ebola is all over the news and it's easy for misinformation to get interpreted as truth, make sure you have the clear-cut facts.

[Here's what our public health officials are saying about the Ebola virus -- get informed, and share this information where everyone can see it.](#)

#### 1. You CAN'T get Ebola through:

- Casual contact with someone who has no symptoms of the disease
- Air
- Water
- Food in the U.S.



#### **GET THE FACTS ON EBOLA**

##### **EBOLA IS NOT SPREAD THROUGH:**

- Casual contact with someone who has no symptoms of the disease
- Air
- Water
- Food in the United States

[\*\*WH.GOV/EBOLA-RESPONSE\*\*](http://WH.GOV/EBOLA-RESPONSE)

**2. The only way a person can get Ebola is through direct contact with the bodily fluids of someone who is already showing symptoms of the disease.**



## GET THE FACTS ON EBOLA

YOU CAN **ONLY** GET THE EBOLA VIRUS THROUGH DIRECT CONTACT WITH:

- Body fluids of a person who is sick with or has died from Ebola
- Objects contaminated with the virus
- Infected animals

[WH.GOV/EBOLA-RESPONSE](http://WH.GOV/EBOLA-RESPONSE)

**3. If a person does not have symptoms, they are not contagious.**



## GET THE FACTS ON EBOLA

EBOLA **ONLY** SPREADS WHEN PEOPLE ARE SHOWING SYMPTOMS.

A patient must have symptoms to spread the disease to others. After 21 days, if an exposed person does not develop symptoms, they will not become sick with Ebola.

[WH.GOV/EBOLA-RESPONSE](http://WH.GOV/EBOLA-RESPONSE)

As President Obama, leadership at the Centers for Disease Control and Prevention, and other senior officials have reiterated, the chances of a widespread Ebola outbreak here in the United States are extremely low.

Still, you don't want to be misinformed about Ebola. [Find out more about how we're responding to the disease, and the domestic and international efforts to contain and end the epidemic.](#)

You can [visit the CDC for more information on our response to Ebola](#) and call 1-800-CDC-INFO ([1-800-232-4636](tel:1-800-232-4636)) for additional inquiries.